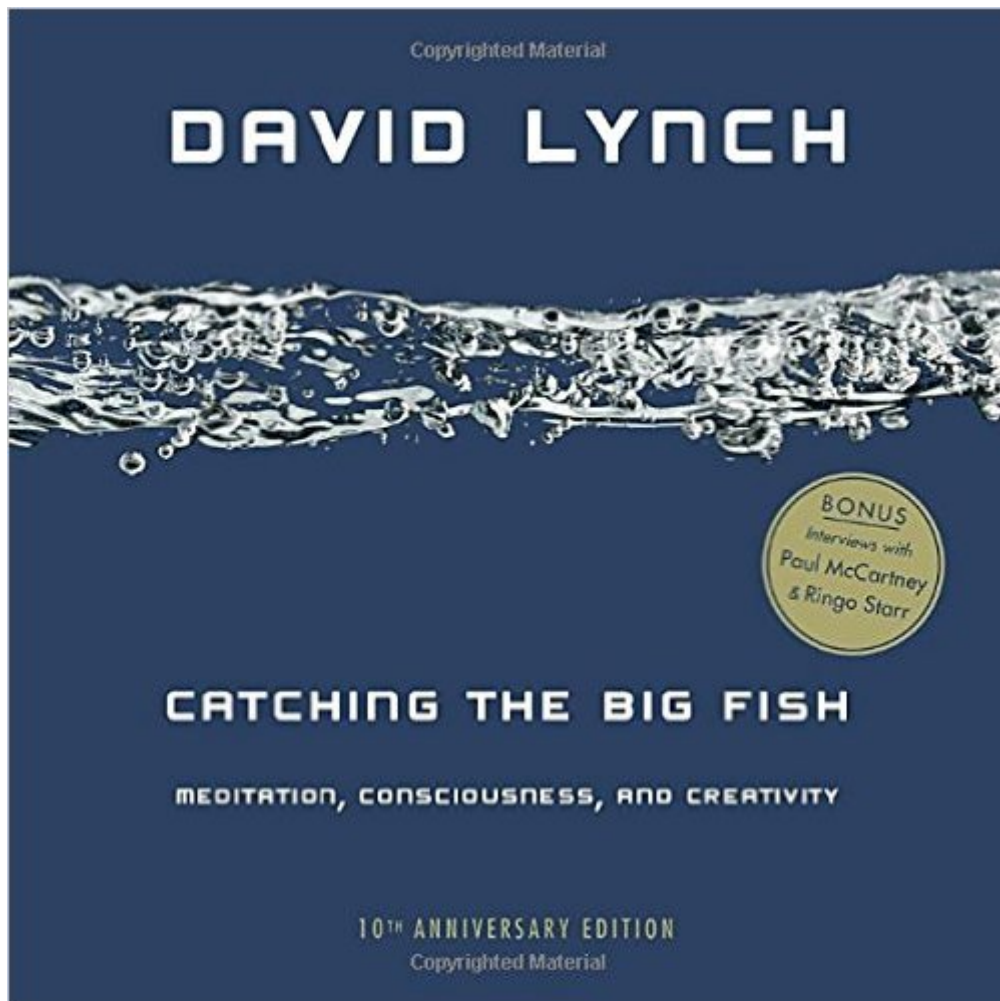


The book was found

# Catching The Big Fish: Meditation, Consciousness, And Creativity: 10th Anniversary Edition



## Synopsis

For the 10th anniversary of David Lynch's bestselling reflection on meditation and creativity, this new edition features interviews with Paul McCartney and Ringo Starr. When it first appeared in 2006, David Lynch's *Catching the Big Fish* was celebrated for being as close as Lynch will ever come to an interior shot of his famously weird mind. (Rocky Mountain News) Now for the bestseller's 10th anniversary, Lynch dives deeper into the creative process and the benefits of Transcendental Meditation with the addition of his exclusive q-and-a interviews with Paul McCartney and Ringo Starr. The musicians open up to Lynch about their artistry, history, and the benefits they have experienced, artistically and personally, from their decades-long practice of Transcendental Meditation -- a technique that they and their fellow Beatles helped popularize in the 1960s. *Catching the Big Fish* is a revelation for all who want to understand Lynch's personal vision. And it is equally compelling for any who wonder how they can nurture their own creativity.

## Book Information

Paperback: 208 pages

Publisher: TarcherPerigee; 10th Anniversary edition (September 6, 2016)

Language: English

ISBN-10: 0143130145

ISBN-13: 978-0143130147

Product Dimensions: 7 x 0.6 x 7 inches

Shipping Weight: 9.6 ounces (View shipping rates and policies)

Average Customer Review: Be the first to review this item

Best Sellers Rank: #34,013 in Books (See Top 100 in Books) #13 in Books > Arts & Photography > Performing Arts > Individual Directors #179 in Books > Self-Help > Creativity #297 in Books > Health, Fitness & Dieting > Alternative Medicine > Meditation

[Download to continue reading...](#)

Catching the Big Fish: Meditation, Consciousness, and Creativity: 10th Anniversary Edition Catching the Big Fish: Meditation, Consciousness, and Creativity Poisson Un Poisson Deux Poisson Rouge Poisson Bleu: The French Edition of One Fish Two Fish Red Fish Blue Fish (I Can Read It All by Myself Beginner Books (Hardcover)) Betta Fish or Siamese Fighting Fish. Betta Fish Owners Manual. Betta fish care, health, tank, costs and feeding. One Fish, Two Fish, Red Fish, Blue Fish Book & CD (Book and CD) What Pet Should I Get? and One Fish Two Fish Red Fish Blue Fish One Fish Two Fish Red Fish Blue Fish One Fish Two Fish Red Fish Blue Fish (I Can Read It All by

Myself) One Fish Two Fish Red Fish Blue Fish (Beginner Books(R)) Origins of Consciousness: How the Search to Understand the Nature of Consciousness is Leading to a New View of Reality The Pout-Pout Fish in the Big-Big Dark (A Pout-Pout Fish Adventure) The Pout-Pout Fish Tank: A Book and Fish Set (A Pout-Pout Fish Adventure) One Fish, Two Fish, Three, Four, Five Fish (Dr. Seuss Nursery Collection) Depthfinders: A Guide to Finding & Catching More Fish Waking, Dreaming, Being: Self and Consciousness in Neuroscience, Meditation, and Philosophy Big Fish Little Fish (My Little World) Flower Designs Coloring Book: An Adult Coloring Book for Stress-Relief, Relaxation, Meditation and Creativity (Jenean Morrison Adult Coloring Books) (Volume 1) My Masterpiece Adult Coloring Books - Mood Enhancing Mandalas (Mandala Coloring Books for Relaxation, Meditation and Creativity) (Volume 1) Hand-Drawn Mandalas Coloring Book, Volume Two: An Adult Coloring Book for Stress-Relief, Relaxation, Meditation and Creativity (Jenean Morrison Adult Coloring Books) Hand-Drawn Mandalas Coloring Book, Volume One: An Adult Coloring Book for Stress-Relief, Relaxation, Meditation and Creativity (Jenean Morrison Adult Coloring Books)

[Dmca](#)